

Edamame Spread

12 ounces edamame beans
3 tablespoons red onion, diced
2 garlic cloves
1/2 bunch cilantro leaves
3 teaspoons sesame oil
3 teaspoons red chili sauce
1/8 – 1/4 cup extra virgin olive oil (enough to make the mixture spreadable)
salt and pepper to taste
Fresh Parmesan cheese, finally shredded (optional)

- ✚ Place all the ingredients (except for the parmesan cheese) into a food processor and let the food processor mix until the mixture is smooth and spreadable
- ✚ If you choose to add parmesan cheese, mix it in at this point with the spatula
- ✚ Serve with your favorite crackers

